

Bright Bowls

MENU

gluten free - dairy free

LEGALLY BRONZE \$13

base: banana, bright butter, cauliflower,
cinnamon, maca, vegan vanilla protein
toppings: bright granola, strawberries,
pumpkin seeds, honey
swirls: pitaya, curcumin and coconut yogurt

GOLDEN COAST \$13

base: banana, mango, pineapple, golden blend,
vegan vanilla protein
toppings: bright granola, bee pollen,
dragon fruit
swirls: pitaya, blue spirulina and coconut yogurt

STRAIGHT UP GREENS \$12

base: avocado, banana, spinach, matcha,
pineapple, mint
toppings: bright granola, kiwi, blueberries
swirls: spirulina, blue spirulina and
coconut yogurt

LOVE -A- BOWL \$13

base: cherries, strawberries, acai, banana, spinach,
vegan vanilla protein
toppings: bright granola, pomegranate seeds,
vegan chocolate chips, bright butter, honey
swirls: butterfly pea and coconut yogurt

BLUE-TIFUL BOWL \$13

base: banana, pineapple, spinach, cauliflower,
blue spirulina, vegan vanilla protein
toppings: bright granola, strawberries,
blueberries, goji berries
swirls: blue spirulina and coconut yogurt

OG ACAI \$12

base: acai, banana, dates, blueberries, spinach
toppings: bright granola, strawberries, banana,
blueberries, goji berries, bee pollen
swirls: 'aint no room for swirls

PIT-AYA THE TIGER \$12

base: pitaya, banana, pineapple, mango
toppings: bright granola, bananas, blueberries,
bee pollen
swirls: blue spirulina, butterfly pea and
coconut yogurt

add your favorite plant-based milk to any bowl to make it a smoothie!

777 Central Ave, Highland Park, IL 60035 - www.brightbowls.com

Warm Bowls, etc.

homemade - Gluten free - dairy free

HOMEMADE SOUP \$7

Made in-house with simple, healthy and beneficial ingredients such as organic tomatoes, butternut squash, carrots, etc. No MSG, artificial additives, or preservatives. Fresh and delicious! Try our delicious gluten free toast on the side for a spectacular crunch!

OATMEAL \$8

STRONG LIKE BOWL \$8

Gluten free oats topped with bright granola, blueberries, strawberries, chia, pumpkin, flax and hemp seeds

BUILD YOUR OWN OATMEAL \$5

Top our gluten free oats with any of our amazing sprinkles and swirls! You can also add our one of a kind, scoop of bright chia pudding, homemade blueberry jam, or bright butter!

WARM ME UP, BUTTERCUP \$8

Gluten free oats topped with bright butter, honey, cinnamon, pear, raisins and bananas

RAINBOWL BRIGHT \$8

Gluten free oats topped with strawberries, banana, kiwi, blueberries, hemp seeds and bright swirls (pitaya, curcumin, matcha, spirulina and coconut yogurt)

BRIGHT TOAST \$12

SWEET OR SAVORY

Gluten Free Toast

(choose any combination of 2)

1. Avocado, Hemp Seeds, Himalayan Salt and Pepper
2. Bright Butter, Banana, Cinnamon, Pumpkin Seeds, Honey
3. Bright Butter and Homemade Jam

BRIGHT ADD-ONS

BRIGHT BUTTER + \$.75

HONEY + \$.75

SIDE OF CHIA PUDDING+ \$1.25

SWIRLS (MADE W/ COCONUT YOGURT) + \$.75 each

matcha
butterfly pea
honey

blue spirulina
activated charcoal
curcumin

SPRINKLES + \$.75 each

bee pollen
chia seeds
coconut
goji berries

hemp seeds
pomegranate seeds
pumpkin seeds
vegan chocolate chips

FRUIT + \$.50 each

banana
dragon fruit
kiwi

strawberries
blueberries

BOOST YO BRIGHT BOWL BASE
+ \$1.00 each

vegan vanilla protein
vegan unflavored protein
maca
vegan collagen